
To: Branches and Offices; and Shipping Companies

The Notice on the Implementation of MSC.1-Circ.1598

--- *Guidelines on fatigue*

The Maritime Safety Committee, at its 100th session (3 to 7 December 2018), approved the annexed *Guidelines on fatigue*. The Guidelines provide information on the causes and consequences of fatigue, and the risks it poses to the safety and health of seafarers, operational safety, security and protection of the marine environment. It has been prepared to assist all stakeholders in contributing to the mitigation and management of fatigue.

The Guidelines are composed of modules each devoted to an interested party. The modules are as follows:

- .1 Module 1 Fatigue
- .2 Module 2 Fatigue and the company
- .3 Module 3 Fatigue and the seafarer
- .4 Module 4 Fatigue, awareness and training
- .5 Module 5 Fatigue and ship design
- .6 Module 6 Fatigue, the Administration and port State Authorities
- .7 Appendix 1 Examples of sleep and fatigue monitoring tools
- .8 Appendix 2 Example of a fatigue event report information

Ship management companies are strongly urged to take the issue of fatigue into account when developing, implementing and improving safety management systems under the ISM Code. CCS auditors should pay attention to the implementation of these guidelines during site audit.

This circular supersedes MSC.1/Circ.1014 on *Guidance on fatigue mitigation and management*, approved on 12 June 2001.

Attached : MSC.1/Circ.1598